This book is structured in four parts. Part One presents an introduction to evolutionary perspectives in human sexual psychology and behavior. It is focused on both genders’ preferences during the process of adaptation and the methods for studying them – surveys, experiments, public records, ethnographic evidence, etc.

Part Two deals with psychological explanations of sexual adaptations in men, whilst Part Three discusses sexual adaptations in women. The presented topics are related to sexual offending and rape; preferences for human voices, facial characteristics, body movements, types of humor, ways of expression of sexual interest; the roles of status and access to resources for attractiveness; maintaining of one’s gender identity; adaptation to transition periods of sexual development. Eating disorders are related to intrasexual competition. Friendship is compared to interpersonal attractiveness.

The Conclusion Part deals with some possible evolutionary perspectives for sexual behavior of both genders in direction to male androphilia and female competitiveness.
Some important topics in contemporary society are presented in a scientific way relating sexual behavior with its psychological peculiarities. Each chapter consists of sub-sections (20 in total) written by 39 authors.

This book will be useful for everyone interested in evolutionary psychology and sexual behavior.

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